

## ***Morning Prayer for Sunday***

O Lord, open our lips  
**and our mouth shall proclaim your praise.**

### **Welcome and introduction**

**May Christ, the true, the only light  
banish all darkness from our hearts and minds.**

O come, let us sing to the Lord; ♦  
let us heartily rejoice in the rock of our salvation.  
Let us come into his presence with thanksgiving ♦  
and be glad in him with psalms.

For the Lord is a great God ♦  
and a great king above all gods.

Come, let us worship and bow down ♦  
and kneel before the Lord our Maker.

For he is our God; ♦  
we are the people of his pasture and the sheep of his hand.

### **Glory to the Father and to the Son**

**and to the Holy Spirit;**

**as it was in the beginning is now**

**and shall be for ever. Amen.**

**May Christ, the true, the only light  
banish all darkness from our hearts and minds.**

Blessed are you, creator of all,  
to you be praise and glory for ever.  
As your dawn renews the face of the earth  
bringing light and life to all creation,  
may we rejoice in this day you have made;  
as we wake refreshed from the depths of sleep,  
open our eyes to behold your presence  
and strengthen our hands to do your will,  
that the world may rejoice and give you praise.  
Blessed be God, Father, Son and Holy Spirit.

**Blessed be God for ever.**

*after Lancelot Andrewes (1626)*

*Let us pray*

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**Amen.**

## ***The Word of God***

### **The Psalm**

*The psalm ends with*

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

### **Old Testament Reading**

*Pause*

### **New Testament Reading**

### **Responses**

Awake, O sleeper, and arise from the dead.

**And Christ shall give you light.**

You have died and your life is hid with Christ in God.

**Awake, O sleeper, and arise from the dead.**

Set your minds on things that are above,  
not on things that are on the earth.

**And Christ shall give you light.**

When Christ our life appears  
you will appear with him in glory.

**Awake, O sleeper, and arise from the dead,  
and Christ shall give you light.**

*from Colossians 3*

### **The Gospel Canticle**

**You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

- 1 Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ♦  
to save us from our enemies,  
from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ♦  
holy and righteous in his sight  
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ♦

- for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.
  - 9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,
  - 10 To shine on those who dwell in darkness and the shadow of death, ♦  
and to guide our feet into the way of peace.

*Luke 1.68-79*

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

### **Thought for the day**

#### **An Act of Spiritual Communion**

*We take some time to reflect on the week and on your relationships.*

- What good things have come from God this week?
- *Where have I fallen short?*
- What might I do in the days to come?

*You may wish to say or pray*

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Jesus said, 'I am the bread of life.  
Whoever comes to me will never be hungry,  
and whoever believes in me will never be thirsty.'

Lord, in these days of mercy,  
make us quiet and prayerful;  
in these days of challenge,  
make us stronger in you;  
in these days of emptiness,  
take possession of us;  
in these days of waiting,  
open our hearts to the mystery of your cross.

**Amen**

#### **Prayers**

Let us pray to God,  
who alone makes us dwell in safety:

For all who are affected by coronavirus,  
through illness or isolation or anxiety,  
that they may find relief and recovery:  
Lord, hear us,  
**Lord, graciously hear us.**

For those who are guiding our nation at this time,  
and shaping national policies,  
that they may make wise decisions:  
Lord, hear us,  
**Lord, graciously hear us.**

For doctors, nurses and medical researchers,  
that through their skill and insights  
many will be restored to health:  
Lord, hear us,  
**Lord, graciously hear us.**

For the vulnerable and the fearful,  
for the gravely ill and the dying,  
that they may know your comfort and peace:  
Lord, hear us,  
**Lord, graciously hear us.**

We commend ourselves, and all for whom we pray,  
to the mercy and protection of God.  
Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

### **The Collect for this Sunday**

#### **The Lord's Prayer**

*As our Saviour taught us, so we pray*  
Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Lead us not into temptation but deliver us from evil.  
For the kingdom the power, and the glory are yours  
now and for ever. Amen.

#### **Conclusion**

May the peace of God, which passes all understanding,  
keep our hearts and minds in Christ Jesus.  
And the blessing of God almighty, the Father,  
the Son and the Holy Spirit  
be among *us* and remain with *us*  
and those for whom we have prayed  
now and always. Amen

Let us bless the Lord.  
**Thanks be to God.**